

Menu Plan
 First Baptist Church Daycare
 For the Week of July 17, 2022

	Master Copy Week One	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Choose 2 of these 4 Fluid Milk Fruit, Vegetable, Full Strength Juice Cereal, Bread or Bread Alternative Meat and/or Alternative	Juice Breakfast Belrita Biscuits	Juice Cereal Bars	Juice Cinnamon Raisin Bread Mini Bagels Fruit Jelly	Juice Cereal Mix	Juice Chewy Granola Bar
Lunch	Fluid Milk Meat and/ or Alternative Bread or Equivalent Vegetable or Fruit Vegetable or Fruit Additional Food (Optional)	Milk Meatballs Rolls Green Beans Diced Pears Gravy	Milk Chicken Nuggets (CN) Pinto Beans Diced Peaches	Milk Cheesy Beef Rice Bake Corn Applesauce	Milk BBQ Chicken Tater Tots Peas Bread	Milk Fish Sticks Carrots Fresh Fruit Rolls
PM Snack	Choose 2 of these 4 Fluid Milk Fruit, Vegetable, Full Strength Juice Cereal, Bread or Bread Alternative Meat and/or Alternative	Juice Goldfish	Juice Iced Animal Crakers	Juice Scooby Snacks	Juice Rice Cakes	Juice Cheeze-Its

Contains Dairy

Contains Egg

Contains Dairy & Egg

Fresh Fruit:
 Bananas
 Strawberries
 Blue Berries